

## News in Brief

### Toughman contest

By order of the 47th Flying Training Wing commander active duty military members are prohibited from participating in the toughman competitions being held Jan. 24 and 25 in Del Rio.

### Change of command

Lt. Col. Kathryn Hall will relinquish command of the 47th Medical Operations Squadron to Maj. Robin Squellati at 8 a.m. Jan. 24 at Club XL. A reception will follow at 8:30 a.m.

For more information, call 298-6309.

### Academy social

The Alamo area chapter of the United States Air Force Academy Association of Graduates will hold a business meeting/social at 6:30 p.m. Jan. 24 in the Randolph Air Force Base Officers' Club.

For more information, call (210) 599-3583 or check the chapter's website at www.alamoag.org.

## Mission status

(As of Jan. 10)

Days ahead or behind with mission capable rate

T-37	-0.13	81.8%
T-1	-1.80	89.8%
T-38	-3.01	76.0%
T-6	N/A	82.0%

# Control tower, RAPCON merge

## Laughlin receives \$8 million in state-of-the-art equipment

By Airman 1st Class  
Yvonne Conde

Staff writer

Old buildings and outdated equipment are a thing of the past for Laughlin as air traffic operations charge into the 21st century with new state-of-the-art equipment worth \$8 million.

Over the Christmas holidays, the control tower and radar-approach control, called RAPCON, simultaneously relocated and joined base operations and weather in the new base operations complex. All systems were up and running by the time the wing returned to flying Jan. 3.

“We now have a major operational facility consolidated under the same roof,” said Maj. Arthur Price, 47th Communications Squadron commander. “One important factor is cables that used to run between these facilities are now collocated.” All communications repair actions for base operations, weather, RAPCON and control tower equipment can now be traced and

[See ‘Laughlin,’ page 4](#)



Photo by Airman 1st Class Yvonne Conde

Senior Airman Scott Fooshee, 47th Operation Support Squadron air traffic controller, learns the new bells and whistles of one of the new terminal controller workstation with the help of then Staff Sgt. Scott Kendrix, 47th OSS air traffic control chief of standardization and evaluations.

# New command chief sets down at Laughlin

By Airman 1st Class  
Timothy J. Stein

Editor

There is new command chief in town at Laughlin.



Chief Master Sgt.  
Theodore Pilihos

to be the superintendent of the communication squadron.

Chief Master Sgt. Theodore Pilihos arrived Sunday to take the rein from Chief Master Sgt. Stephen Enyeart who is going on to F.E. Warren AFB, Wyo.,

Although this is his first assignment as a command chief, Chief Pilihos brings many credentials to the job. “This is a great opportunity for me to help make a difference,” said Chief Pilihos. “I want to work with senior NCOs, NCOs and airmen and show them what I saw 20 years ago.”

The chief saw the Air Force was the most fun and rewarding career he could think of. “I first re-enlisted because the Air Force became fun, and it has never stopped being so,” said Chief Pilihos.

Chief Pilihos looks forward to the challenge of being command chief.

“Initially, I want to get to know the folks in the 47th Flying Training Wing and find out what their issues

are,” said Chief Pilihos. “I want to see what is going on good and not so good, and then help folks work towards making this a better place.”

One area the wing, and the Air Force, needs to focus on is developing a deployment mindset, said the chief.

“Everyone has to realize ours is a deploying force,” said Chief Pilihos. “It isn't the same Air Force as it was 10 years ago. AETC doesn't just train people to go to war now, it goes right along with them.”

Prior to coming to Laughlin, Chief Pilihos worked as a first sergeant for Headquarters United States Air Forces Europe and AIRNORTH at Ramstein Air Base, Germany. The

[See ‘Chief,’ page 5](#)



## Commanders' Corner

Lt. Col. Michael Blaylock  
47th Civil Engineering Squadron commander

# Responsibility, boundaries – foundation for improvement

There are many things I believe in and try to practice in my personal and professional relationships, but I have determined that my personal philosophy has two main ingredients: personal responsibility and good boundaries.

I believe that if we all practiced these two characteristics, it would improve many facets of our lives. I learned the first characteristic from my parents and the second from many experiences much later in life.

I remember many times asking my Dad permission to do something and would rarely receive a yes or no answer. He would usually say, "You can do anything you want, as long as you are willing to deal with the consequences." My dad was always a strong believer in consequences.

I learned that one day I'm going to really be responsible for myself, and I needed to start working at learning how to do it. When I was 13, I started working full time during the summer and part time during the school year. This continued until I left home for college. "As long as you are in college, I'll help you," Dad said. "When its over, you're on your own." There was absolutely no doubt in my mind what he meant. This is one of the reasons I pursued an Air Force ROTC scholarship. I wanted to be less dependent on my parents.

My Dad took personal responsibility very seriously. I believe it was his strong belief in personal responsibility that made him respected by the people around him. My mom reinforced this to me, and I learned that if I had a problem, the quickest way to determine who needed to solve the problem was to look in the mirror.

It has always amazed me how many people I have met, who are so quick to blame their problem on someone else. The really bad result of blaming someone for your problem is that it won't ever get solved.

One key factor in personal responsibility is to take yours and let others keep theirs. If you start taking someone else's responsibilities away from them, then it can become extremely difficult to give it back. I'm not saying giving a helping hand is bad, but carrying someone else's responsibility hurts both you and him. If I'm taking responsibility for your actions, then I suffer the consequences instead of you. This helps explain why the sec-

ond ingredient in my philosophy is important.

Good boundaries is all about knowing who you are and having appropriate relationships with others. It keeps your personal responsibilities within your reach and control. Good boundaries ensure that you do things for the right reasons. It took me many years to learn what I know about boundaries, and I'm still learning.

The first step in having good boundaries is being honest with yourself and the second is being honest with others. It is also about respecting other people's boundaries. Example: A worker in the office is getting married and invites some, but not all, of the people in the squadron. Some people were very hurt about not being invited. The individual came to me and asked for advice. "Who you invite to your wedding is your choice, and

people should respect your decision," I said. "If you only invite them out of guilt, then why would they want to be there?" Feeling guilty is a sign of poor boundaries.

Another sign is not being able to say "no" when appropriate. Saying "no" must be dealt with carefully. If someone, like your boss, is asking you to do something that is your responsibility, then saying "no" can get you in trouble. The other side of this is that you must be able to accept "no" as an answer.

If I need help moving my piano, and I ask someone at the office for help, and they say "no," then I shouldn't give it another thought and ask someone else. It is perfectly okay for someone to say "no." It is not their responsibility to help me. I would appreciate it if they do, but I don't hold it against them if they don't. Yes, if they came to me last week and asked me to help them move their piano and I helped them, it should be because I wanted to help, not because I wanted them to owe me a favor. This is keeping score, and it doesn't work with good boundaries.

Most people with good boundaries would want to help someone who helped them. The point is you are helping because you want to, not because you owe it.

Some of you are probably wondering what does personal responsibility and good boundaries have to do with being in the Air Force. I believe these are the foundation upon which to build the core values – integrity first, service before self and excellence in all we do come naturally when you take responsibility for your actions and are honest with yourself and others.

***"It took me many years to learn what I know about boundaries, and I'm still learning."***



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#### Deadlines, Advertising

News for the Border Eagle should be submitted to the 47th Flying Training Wing Public Affairs Office, Bldg. 338, Laughlin AFB, TX, 298-5262. **Copy deadline is close of business each Thursday the week prior to publication.**

Advertising should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday.

Submissions can be e-mailed to: [timothy.stein@laughlin.af.mil](mailto:timothy.stein@laughlin.af.mil) or [yvonne.conde@laughlin.af.mil](mailto:yvonne.conde@laughlin.af.mil).

# How to get out of credit card debt

By Tech. Sgt.  
Rick Jackson

14th Flying Training Wing

COLUMBUS AIR  
FORCE BASE, Miss. –  
Christmas is over, and the  
holiday season has come to  
an end.

Next thing you know,  
your credit card bills arrive  
in the mail. You suddenly  
realize you have a big prob-  
lem. You've really over-  
spent this holiday season.

Between buying pre-  
sents, unit parties, Christ-

mas luncheons and dinners,  
your credit card is nearly  
maxed out.

Now you ask yourself  
the same two questions you  
asked last year: "How did I  
let this happen again?" and  
"How am I going to pay  
these credit cards off?"

Hopefully, you have an-  
swers for these questions.

Here are two solutions  
to help you become debt  
free.

First, this is the time of  
year for income tax returns.

Instead of blowing your re-  
fund, use it to pay toward  
your credit-card bills.

Second, if you have  
more than one credit card,  
start paying off the card  
with the highest interest  
rate first. Make minimum  
payments on the other  
cards, and use the extra  
money to pay off the  
higher-interest card.

Once that card is paid  
off, take the next higher-in-  
terest card and do the same  
until all your cards are paid.

If you use these tips,  
you will be on your way to  
getting your credit card bal-  
ances under control and  
paid off.

To avoid having the  
same problems again later  
this year, here are some  
suggestions to help you  
prepare for the 2003 holi-  
day shopping season.

Many stores in the  
community, including the  
base exchange, offer lay-  
away programs. Layaway  
allows you to start shop-

ping early and make small  
monthly payments until  
Christmas. Also, layaway  
helps alleviate the last-sec-  
ond financial burden asso-  
ciated with big-ticket items  
such as bicycles and com-  
puters.

If possible, use a debit  
card instead of credit cards  
to buy Christmas presents.  
It draws money directly  
from your checking account  
and will make you pay at-  
tention to how much you  
spend.



Col. Dan Woodward  
47th Flying Training  
Wing commander

## Actionline

Call 298-5351

This column is one way to work  
through problems that haven't been  
solved through normal channels. By  
leaving your name and phone num-  
ber, you are assured of a timely per-  
sonal reply. It's also very useful in  
case more information is needed in  
order to pursue your inquiry. If you  
give your name, we will make every at-

tempt to ensure confidenti-  
ality when appropriate.

If your question re-  
lates to the general inter-  
est of the people of  
Laughlin, the question  
and answer may also be printed in the  
Border Eagle.

Before you call the Actionline,  
please try to work the problem out  
through the normal chain of command or  
directly with the base agency involved.  
Thanks for your cooperation, and I  
look forward to reading some quality  
ideas and suggestions.

AAFES	298-3176
Accounting and Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	298-5299
Commissary	298-5815
Dormitory manager	298-5213
Equal Employment Opportunity	298-5879
FWA hotline	298-4170
Hospital	298-6311
Housing	298-5904
Information line	298-5201
Legal	298-5172
Military Equal Opportunity	298-5400
Military Personnel	298-5073
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810

## Laughlin XLs once again!

I want to express my appreciation to all Laughlin members who joined  
the effort to send a Christmas card to our deployed troops.

The letter to the right is just one of many e-mailed responses our com-  
manders received indicating that our message got through. We're a family  
and a team, and we support our expeditionary forces every single day.  
Thank you for showing that Laughlin Air Force Base cares about its  
troops.

- Colonel Woodward, 47th FTW commander

## Letter from a deployed Laughlin member:

I received over 40 Christmas cards this season from family, especially  
my Laughlin family. That means everything to me.

I have, by far, the most cards, and I am known throughout the camp as  
the guy who has the most supportive base. People have stopped me to ask  
about Laughlin. Laughlin is a sought after assignment here, simply because  
they believe the base cares about its people. I've been proud to say it's my  
second time at Laughlin, and I intend to retire from Laughlin. Laughlin is  
on the map in this part of the world, and I'm proud to represent you here.

## Border Eagle commentaries

The Border Eagle encourages base mem-  
bers to take part in their paper. Anyone  
wanting to write a commentary for the View-  
point pages of the paper is welcome.

Commentaries can be written about any

aspect of Air Force life you find interesting.  
Commentaries should be 250 to 500 words in  
length and should be submitted to the Public Af-  
fairs Office, Bldg. 338.

The deadline to submit a commentary is

close of business each Thursday, the week prior  
to publication. Public Affairs reserves the right  
to edit all submissions for length and clarity.

For more information, guidelines or help,  
call 298-5393.

## 'Laughlin,' from page 1

corrected within the same building, decreasing maintenance time.

According to 2nd Lt. Richard Holtzman, 47th Operations Support Squadron airfield operations flight systems officer, Laughlin is the first U.S. Air Force base in the world to simultaneously move the control tower and RAPCON to a new facility using both Standard Terminal Automation Replacement System and Digital Airport Surveillance Radar. Laughlin is also the first in Air Education and Training Command to get STARS and DASR.

There are only three bases now using STARS and DASR: Eglin, the test base for these systems, McGuire, and, now, Laughlin.

The DASR is the new antenna spinning at the west gate. "The digital features of the DASR virtually eliminate ground clutter and significantly reduce false targets," said Lieutenant Holtzman. "Scope and target clarity are greatly increased." Additionally, all targets are digitally superimposed, so their strengths are equal across the board.

Where analog technology was used, Laughlin is now receiving a digital feed, and this feed is being displayed on STARS radarscopes

and equipment. "This equipment is much more accurate, precise and reliable than its predecessor," he said. "The digital capabilities of STARS improve operations through more reliability and accuracy. Visually, STARS is stunning. Each scope is now a 20 inch by 20 inch color Sony Trinitron monitor. This is a far cry from the monochrome days of just weeks ago.

"We're not the first base to begin using STARS [and] DASR; however, we're the first to move from an old facility into a new one with all new equipment," said Lieutenant Holtzman.

According to 23-year-old Senior Airman Scott Fooshee, 47th Operations Support Squadron air traffic control journeyman, air-traffic equipment has undergone major changes. "The equipment in the old RAPCON was installed before I was even born," he said.

The old scopes displayed just one color and the targets were a lighter version of that color. The new equipment is multi-colored. "I know that it sounds fickle to comment on color, but to someone who stares at an orange screen for three years straight, more colors are a big thing," he said. "The new equipment is very exciting."

Controllers have been training on the new equipment since last summer, and they began using the new air-traffic control simulator in November to fully simulate local operations and run scenarios based on traffic problems at Laughlin. The training helped build proficiency prior to Jan. 3, when the controller began working with live traffic..

Simulations are run on the same scopes that are used to control real aircraft. "In fact, to the untrained eye, there would be no difference in presentation between live and simulated traffic," said Lieutenant Holtzman.

Using STARS local-area-network-based technologies, each controller is issued a unique sign-on and password. This allows each controller to program individual preferences, such as brightness, range, maps and weather settings, then recall them as needed, reducing set-up time between position changes.

STARS incorporates more than 50 redundant computer processors to ensure four levels of system back-up. It is based on LAN technology and follows many of the same security protocols. It also uses its digital technology to record all facility operations, which provides realistic

training and feedback to both the flying and controlling communities.

Electronic Terminal Voice Switch equipment was also installed in both the control tower and RAPCON. ETVS provides communication with airborne aircraft as well as other facilities used on a day-to-day basis to keep the wing flying. "One great benefit of the ETVS is that communications between the air traffic controllers and aircraft are much clearer and more easily understood," said Lieutenant Holtzman.

The switchover brings the Air Force in line with the Federal Aviation Administration. All Department of Defense and FAA terminal facilities are scheduled to eventually transition to STARS. "Laughlin is now on the leading edge of this nationwide transition," said the lieutenant.

Nearly every piece of equipment from the old RAPCON, other than scopes and radios, was relocated to the new facility. "The moving process wasn't painless," added Lieutenant Holtzman. "It took a lot of hard work from Laughlin's controllers as well as numerous agencies on base. The long hours of training and solid dedication of Laughlin's air traffic controllers made the transition successful."

## HAWC closure

The Health and Wellness Center will be closed today for training.

For more information, call 298-6464.

## Plastic surgery clinic

The 47th Medical Group will hold a plastic surgery clinic from 1 to 4 p.m. every Wednesday. The clinic will be consult only, which means a primary care physician or flight surgeon must make a referral. Patients will be seen primary for reconstruction, scar revision, significant breast reductions and removal of skin lesions. Cosmetic surgery such as facelifts, liposuction and breast enlargements will not be preformed. Congenital cosmetic problems, such as prominent ears, vascular malformation and true lip and nose deformities

# Newslines

will be seen.

For more information, call 1st Lt. Naomi Vestel at 298-6462.

## Medical group closure

The 47th Medical Group will be closed for a group function from 3 to 5 p.m. Jan. 24.

During this time radiology, laboratory and the pharmacy will be closed along with the nurse triage line. The Tricare Service Center will be open.

Anyone requiring emergency medical treatment at this time should report to the Val Verde Regional Medical Center Emergency Room. For other care, call 1-800-406-2832.

## Commissary scholarships

The deadline for applications for the \$1,500 2003 Scholarships for Military Children in Feb. 21. The topic for this year's essay is "how has being the child of a military service member influenced your educational goals?" Applications and criteria for the program can be found from [www.commissaries.com](http://www.commissaries.com) or [www.fisherhouse.org](http://www.fisherhouse.org) or picked up at any commissary customer service office.

## Commissary sales

The commissary is putting together a patron notification system to inform customers by e-mail of up coming promotions and case lot sales. To sign up for the program, stop by the commissary office and add your name and e-mail address to the list.

**Any concerns about work, Laughlin or the Air Force should be addressed through the chain of command. If problems persist, contact the inspector general, Lt. Col. Peter Godwin at 298-5638.**

## Air Force calls for members to roll up sleeves and donate blood

By Master Sgt.  
Michael Briggs

Air Education and  
Training Command Public Affairs

RANDOLPH AIR FORCE BASE, Texas – With a smaller pool of eligible military donors and a recently decreased stock of frozen blood, the Air Force assistant vice chief of staff is calling on service members and their families to donate blood.

In a recent memo to the field, Lt. Gen. Joseph Wehrle asked Air Force members worldwide to support the January observance of National Volunteer Blood Donor Month by rolling up their sleeves and giving the gift of life.

“Blood safety and availability are inseparable requirements for ensuring optimal care of our active duty troops, retirees, military spouses and children,” he said. “Unfortunately, current federal regulations barring donations from personnel who have served time in Europe

have resulted in a 25 percent drop in eligible donors on Air Force bases.”

In addition to fewer donors, the frozen blood supply took a hit recently when the Armed Services Blood Program Office asked the military to withdraw frozen blood supplies donated during last summer’s West Nile virus epidemic to avoid transmitting the potentially fatal disease to recipients.

Those factors, combined with a historical trend of fewer blood donations in the winter months, would make the need for blood more urgent in any year. That need is even more urgent today, taking into consideration current world events including a possible war in Iraq.

“At this time, with American forces actively fighting the war on

terrorism, and with hundreds of thousands of military personnel deployed in support of expeditionary operations throughout the world, I want to personally encourage everyone who can give blood, to do so,”

General Wehrle said.

Leaders of the nation’s blood banking community are seeking a nationwide donation of 1.2 million units of blood during January. Military and civilian blood collection

officials said donors with Type AB blood are especially needed, because AB is the universal blood plasma type.

“To avert critical blood shortages this winter, we need citizens across the country to schedule an appointment to donate blood,” said Jim MacPherson, chief executive officer of America’s Blood Centers. “Blood

has a shelf life of only 42 days, which means it constantly needs to be replenished. Donors can give blood every 56 days, or six times a year.”

Fewer than 5 percent of healthy Americans eligible to donate blood actually donate each year, according to information from the American Association of Blood Banks. To be eligible to donate blood, a person must be in good health and usually must be at least 17 years old. Minimum weight requirements may vary among facilities, but generally, donors must weigh at least 110 pounds. Most blood banks have no upper age limit. All donors must pass the physical and health history examinations given prior to donation.

“This selfless act helps us take care of our own, the hallmark of our military tradition,” General Wehrle said. (Army Spc. Chuck Wagner contributed to this story. He is a staff writer on the Pentagongram, the newspaper of the Military District of Washington.)

Laughlin Air Force Base will have a blood drive sponsored by the South Texas Blood and Tissue Center from 9 a.m. to 3 p.m. Jan. 29 at the Fiesta Center.

For more information, call 298-5495 or 298-5383.

### ‘Chief,’ from page 1

chief also spent time doing first-shirt duty at Randolph AFB, Texas. During his time there, he served as first sergeant for the 12th Operations Support Squadron, the 12th Operations Support Group, the 12th Supply Squadron finally and for Headquarters Air Education and Training Command. Before his stint at Randolph, he was the first sergeant for the 435th Mission Support Group at Rhein-Main Air Base, Germany. In his first 18 years of service, Chief Pilihos worked throughout the Air Force in avionics communication systems.

Chief Pilihos holds two associate degrees in applied science from the Community College of the Air Force, one in personnel management and the other in instructor of technology. He has also attended the Senior Noncommissioned Officer Academy and the Air Force First Sergeants Academy at Maxwell AFB, Ala.

His awards and decorations include the Meritorious Service Medal with three oak leaf clusters, Air Force Commendation Medal with one oak leaf cluster, Air Force Achievement Medal with two oak leaf clusters and the Humanitarian Service Medal with one oak leaf cluster. In 2000 he was named AETC first sergeant of the year and in 1996 he was 19th Air Force first sergeant of the year.



Photo by Tech. Sgt. Adam Johnston

### Helping hand...

OPERATION ENDURING FREEDOM (AFPN) – Capt. Nathan Schalles poses with children in Bakhshkeyl, Afghanistan, after handing out school supplies Saturday. People at Bagram Air Base’s

Air Force Village delivered clothes, food and school supplies to the village under an “Adopt-A-Village” civil affairs program.

# Mission complete: SUPT Class 03-04 graduates today



**Capt. Robert Schmidt**  
C-17, McChord AFB, Wash.  
Class leader



**1st Lt. James Long**  
F-16, Luke AFB, Ariz.  
Assistant class leader



**Capt. Timothy Bolen**  
B-1, Dyess AFB, Texas



**Capt. Michael Dinwiddie**  
C-17, Charleston AFB, S.C.



**Capt. Edward Fitzgerald Jr.**  
KC-135, Pittsburgh IAP, Pa.



**1st Lt. Scott Knerr**  
C-5, Dover AFB, Del.



**1st Lt. Warren Watkinson II**  
C-130, Little Rock AFB, Ark.



**2nd Lt. Michael Albers**  
C-5, Travis AFB, Calif.



**2nd Lt. Matthew Cunningham**  
KC-135, March ARB, Calif



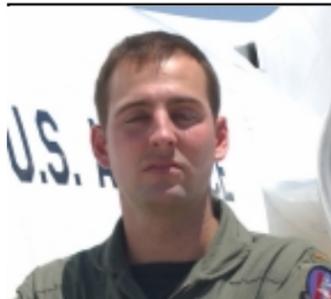
**2nd Lt. Michael Gomez**  
KC-10, Travis AFB, Calif.



**2nd Lt. Glen Goossen**  
F-16, Luke AFB, Ariz.



**2nd Lt. Ben Hoeg**  
KC-10, McGuire AFB, N.J.



**2nd Lt. James Karnes**  
KC-135, Robins AFB, Ga.



**2nd Lt. Jason Kilpatrick**  
KC-135, Fairchild AFB, Wash.



**2nd Lt. Joseph McCane**  
T-1, Laughlin AFB



**2nd Lt. Nannette Ohman**  
T-37, Laughlin AFB



**2nd Lt. Douglas Palagi**  
C-17, McChord AFB, Wash.



**2nd Lt. Heather Pearson**  
B-52, Barksdale AFB, La.



**2nd Lt. Jeff Personius**  
F-15, Tyndall AFB, Fla.



**2nd Lt. Gregory Schulke**  
F-15E, Seymour Johnson AFB,  
N.C.



**2nd Lt. Christopher Schulz**  
F-15E, Seymour Johnson AFB, N.C.



**2nd Lt. Matthew Strohmeyer**  
T-38, Laughlin AFB



**2nd Lt. Chadd Webster**  
C-5, Dover AFB, Del.



**2nd Lt. David Wright**  
KC-135, Phoenix IAP, Ariz.

# DoD, nation, more than 100 countries celebrate MLK holiday

**By Rudi Williams**

*American Forces Press Service*

WASHINGTON – The nation will observe the Martin Luther King Jr. holiday on Monday but the Pentagon is getting an early start with a King breakfast on Jan. 16.

Other celebrations and activities surrounding the holiday are occurring on military installations throughout DoD. The Pentagon event is its 18th annual breakfast and is hosted by DoD's Washington

Headquarters Service to commemorate King's life and works.

This year marks what would have been the 74th birthday of the slain civil rights leader, humanitarian and clergyman. He was born in Atlanta on Jan. 15, 1929.

It is also 20 years since the designation of the King holiday. President Ronald Reagan signed a bill in November 1983 designating the third Monday in January, beginning in 1986, as a federal holiday.

As it has been for many years, this year's theme is "Remember! Celebrate! Act! A Day On ... Not A Day Off." The theme is issued annually by the King Center in Atlanta, which acts as the national promoter

of the King Day observance.

In a commemoration message, King's widow, Coretta Scott King, said the holiday "celebrates the life and legacy of a man who brought hope and healing to America. We commemorate as well the timeless values he taught us through his example – the values of courage, truth, justice, compassion, dignity, humility and service that so radiantly defined Dr. King's character and empowered his leadership. On this

***"...we commemorate on this holiday the man of action who put his life on the line for freedom and justice everyday..."***

**– Coretta Scott King**

holiday, we commemorate the universal, unconditional love, forgiveness and nonviolence that empowered his revolutionary spirit."

She said the world commemorates her late husband's inspiring words because

his voice and vision filled a great void and answered the country's longing to become a nation that "truly lived by its noblest principles."

King knew it wasn't enough "to talk the talk," he had to "walk the walk for his words to be credible," Mrs. King noted. "So we commemorate on this holiday the man of action who put his life on the line for freedom and justice every day, the man who braved threats and jail and

beatings and who ultimately paid the highest price to make democracy a reality for all Americans."

The King Holiday honors the life and contributions of America's greatest champion of racial justice and equality, the leader who not only dreamed of a colorblind society, but who also led a movement that achieved historic reforms to help make it a reality, Mrs. King said.

Calling the holiday a day of interracial and intercultural cooperation and sharing, she said no other day of the year brings so many peoples from different cultural backgrounds together in such a vibrant spirit of brother and sisterhood.

"Whether you're African American, Hispanic or Native American, whether you're Caucasian or Asian American, you're part of the great dream Martin Luther King Jr. had for America," Mrs. King said.

She emphasized that "this is not a black holiday; it's a people's holiday! And it's the young people of all races and religions who hold the keys to the fulfillment of his dream."

Noting that programs commemorating her husband's birthday are being observed in more than 100 nations, Mrs. King pointed out that he envisioned a world whose people and nations had triumphed over poverty, racism, war and violence.

"This holiday honors the courage of a man who endured harassment, threats and beatings and even bombings," she said. "We commemorate the man who went to jail 29 times to achieve freedom for others and who knew he would pay the ultimate price for his leadership, but kept on marching and protesting and organizing anyway."

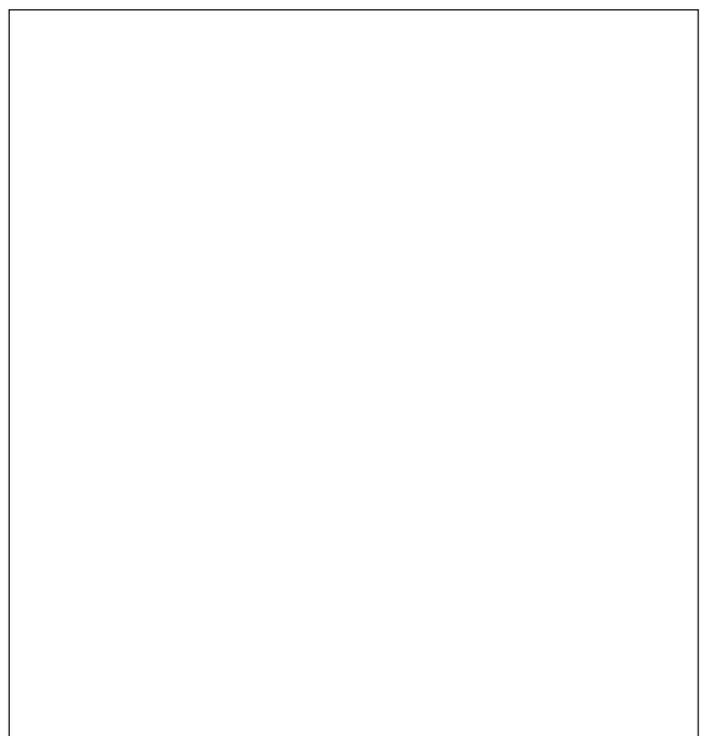
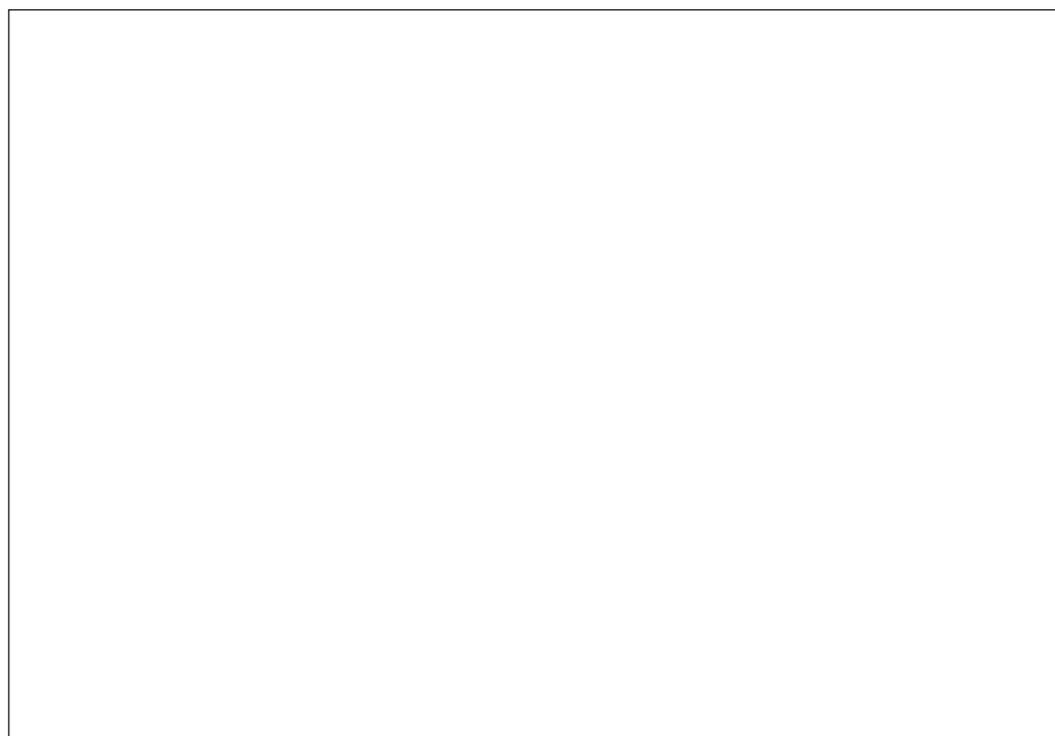
Above all, she emphasized, King Day is a day of service.

"All across America on the holiday, his followers perform service in hospitals, shelters, prisons and wherever people need some help," she said. "It's a day of volunteering to feed the hungry, rehabilitate housing, tutoring those who can't read, mentoring at risk youngsters, consoling the broken hearted and a thousand other projects for building the beloved community of his dream."

Throughout his years of public service, King encouraged everyone to participate in community service.

"Everybody can be great, because everybody can serve. You don't have to have a college degree to serve," he said in a 1968 sermon entitled "The Drum Major Instinct."

"You don't have to have to make your subject and your verb agree to serve. You only need a heart full of grace, a soul generated by love, and you can be that servant."



## YMCA contest seeks artistic view of family

By Andree Swanson  
Armed Services YMCA

ALEXANDRIA, Va. – Elementary school artists of military families have until Jan. 27 to enter the 2003 Armed Services YMCA Art Contest and earn a chance to win a \$500 U.S. Savings Bond.

The annual talent hunt is open to kindergartners through sixth graders of active and reserve-component military families in all the services, including the Coast Guard. Winners are picked from each service and awarded a \$500 bond. Runners-up receive a \$100 bond.

Department of Defense and Coast Guard civilians' children may enter in an honorary category for a \$100 bond.

Winners' artwork is judged primarily on the theme of "My Military Family." They will be featured on the Military Family Month 2003

poster, which is traditionally distributed around Thanksgiving.

Children should draw their military family in color on 8.5 - by 11-inch paper. Include the following on the back of each entry: student's name, grade and age; address; phone number or a parent's e-mail address; parents' names; service affiliation; rank of military member; military installation; and school's name if the child attends a Defense Department school.

Mail entries to: Armed Services YMCA, Attn: Art Contest, 6359 Walker Lane, Suite 200, Alexandria, Va. 22310. Entries should be postmarked no later than Jan. 27.

For more information, visit the Armed Services YMCA Web site at [www.asymca.org](http://www.asymca.org), or call (703) 313-9600. E-mail queries may be sent to [militaryfamilyweek@asymca.org](mailto:militaryfamilyweek@asymca.org).

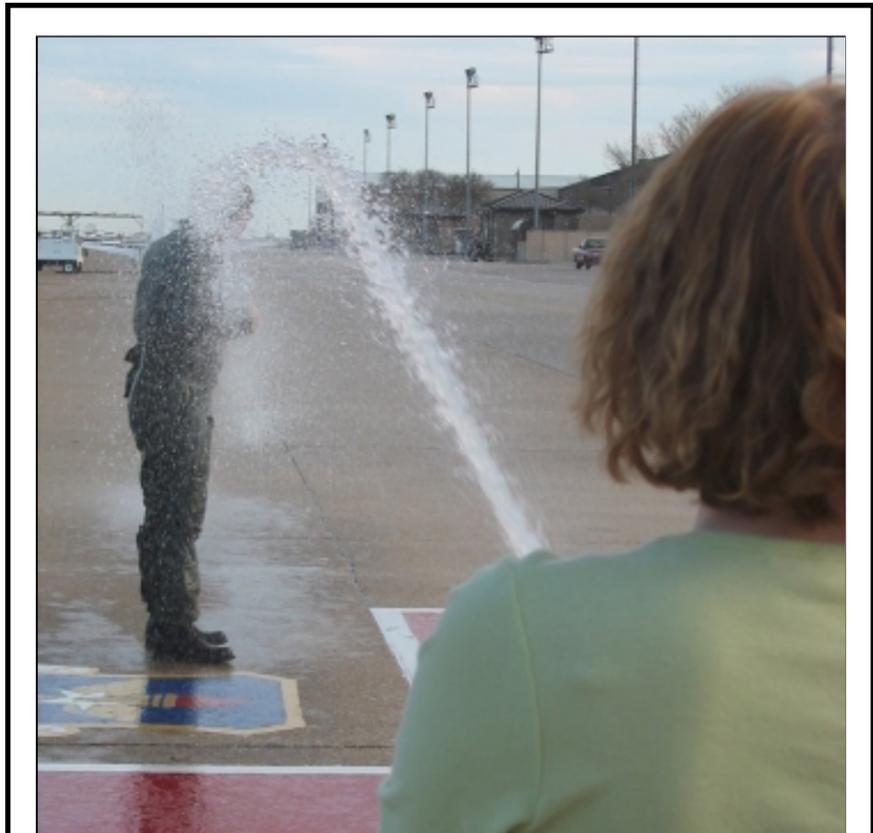


Photo by Jim Teet

### Take that Dad...

Stephanie Enyeart hoses down her father, Chief Master Sgt. Stephen Enyeart, after he received a fini-flight in a T-38. Laughlin's former command chief is moving on to F.E. Warren Air Force Base, Wyo.

## Families get ready for fun at dining-out

By Airman 1st Class Yvonne Conde  
Staff writer

All base personnel are invited to attend the third annual Family Dining-Out at Club XL Feb. 7.

The 47th Mission Support Group Services Division, Fiesta Center staff and the Helping Us Grow Stronger committee will sponsor the event to introduce young people to military tradition.

"It's a nice way to combine family with military customs," said Helen Sykes, Fiesta Center assistant director. "The more our youth understand what the military does at work and play, the more they feel a part of it."

The event usually takes place in November, the Month of the Military Family, but the event

was scheduled for a later date to have Dan Clark, certified speaking professional, as the guest speaker of the event.

Mr. Clark has spoken to more than 2.5 million people worldwide and has also been featured in magazines and on national radio and television programs. He is a contributing author of the

*Chicken Soup for the Soul* series and author of 10 highly acclaimed books.

Mark Victor Hansen and Jack Canfield, creators of *Chicken Soup for the Soul*, said, "Dan is bigger than life, one of the greatest storytellers in the world and one of our most popular and

beloved authors."

Waiting until February to hold the event was the best thing to do, noted Mrs. Sykes. "Being able to have Dan Clark speak here is an honor,"

she said. "Everything just came together."

Because the event will focus on family, it is recommended that children 10 and older attend the activities with their parents. Although the event is geared toward families, single members are also welcome to attend, said Mrs. Sykes.

Activities will begin with a social hour at 6 p.m. Dinner will follow the opening of the mess by Col. Dan Woodward, 47th Flying Training Wing commander, at 6:30 p.m. Following the meal, there will be a brief break, then Mr. Clark will conduct his speech.

"Together, parents and children will be able to get dressed up, enjoy a great meal, have some fun and listen to a fantastic speaker," said Mrs. Sykes. "It should make a wonderful evening."

Tickets for the event are \$10 per person and will be available for purchase at the Fiesta Center, Youth Center or the group executive officer.

For more information, call 298-5224.

Interested in the Air Force? Call Del Rio's Air Force recruiter at 774-0911.

# Bush 'sick and tired' of games, deceptions by Iraqi dictator

By Kathleen T. Rhem  
*American Forces Press Service*

WASHINGTON – President Bush said Tuesday, he is “sick and tired of games and deceptions” on the part of Iraqi dictator Saddam Hussein.

The president said he has seen no evidence that Hussein is disarming as required by U.N. Security Council Resolution 1441. “Time is running out on Saddam Hussein,” he added.

Bush noted the U.N.

Security Council voted unanimously for the resolution.

“We said we expect

Saddam Hussein, for the sake of peace, to disarm,” he said.

“That’s the question. Is Saddam Hussein

disarming? He’s been given 11 years to disarm.”

The president’s remarks came before a White House

meeting with Polish President Aleksander Kwasniewski. The two discussed their countries’ co-

operation in the war on terrorism.

Bush said Poland and the United States are working together to share information about threats

and to cut off the money supply to terrorist networks.

He also mentioned he is

“absolutely convinced” the issue of North Korea’s nuclear plans will be solved without military conflict.

Bush said that before the North Korean government announced its decision to withdraw from the Nuclear Nonproliferation Treaty, he had asked Secretary of State Colin Powell to approach them with a “bold initiative” concerning energy and food aid.

“We care deeply about the suffering of the North Korean people,” Bush said, adding the United States

expects North Korea not to develop nuclear weapons.

If they choose to proceed with their nuclear aims, he said, “then I will consider whether or not we will start this bold initiative that I’ve talked to Secretary Powell about.”

America won’t be “blackmailed,” Bush said. “And what this nation will do is use this as an opportunity to bring the Chinese and the Russians and the South Koreans and the Japanese to the table to solve this problem peacefully.”

**“Is Saddam Hussein disarming? He’s been given 11 years to disarm.”**

**– President George W. Bush**

## AAFES offers no interest, payments

### Service members may benefit from the Military Star Card Deployment Policy

By 1st Lt.  
**Preston J. Young**  
*47th Flying Training Wing  
Judge Advocate preventive law chief*

If you are a service member with a Military Star Card and are deploying soon, you may be eligible for a lower interest rate during deployment being offered by the Army and Air Force Exchange Service.

This special deployment policy is designed to reduce the hardship of deployment by giving sponsors peace of mind that an exorbitant interest rate won’t be charged to your account while you are away from home.

This offer is only available to account holders who are in good standing and those who are traveling to an overseas location for at least 90 days in conjunction with

a joint chief of staff deployment order. The two deployment policy options currently available are:

Option One: A 6 percent interest rate plus the continued use of the account. No payment is requirement during the deployment period.

Option Two: A zero percent interest rate and no payment requirement during the deployment period. No charges can be made against the account during this period.

To be eligible for this Military Star Card deployment policy, you must ensure your name and relevant personal information (e.g., JCS order number, social security number, length and dates of deployment) are included on a deployment listing that the unit commander

(or designated representatives) provides to AAFES. This may be accomplished by:

- Mail: Customer Interaction Center, P.O. Box 650524, Dallas, TX 75265-0524
- Fax: DSN 967-4326 or Commercial (214) 312-4326
- Internet: deployment@aafes.com

Once AAFES confirms the deployment status of the service member, AAFES will default to Option One unless the service member elects Option Two in writing as provided above.

In the interest of security, we recommend that you send any correspondence via mail with a return receipt request.

For additional information on the AAFES Military Star Card deployment policy, please contact your local AAFES exchange general manager’s office.

# Stimulant is pilots' last tool

By Master Sgt.

Scott Elliott

Air Force Print News

WASHINGTON –

When fatigue closes in and all other tools in the fatigue management program have been exhausted, many pilots reach for the “go pill” to help them get home safely.

“Fatigue is a known killer,” said Maj. Gen.

Daniel P. Leaf, director of Air Force operational capability requirements at the Pentagon. “We’ve got to fight it.”

To fight the problem, the service uses a comprehensive fatigue-management program, featuring scheduled rest periods before flight operations, proper nutrition and exercise. When all else fails, a pilot may turn to prescribed medication to remain alert for the duration of the flight.

“Go pills are used in an environment where you can’t simply pull over to a rest area and take a nap,” Leaf said.

Formally known as the amphetamine Dexedrine, “go pills” are prescribed to pilots in very low doses to take the edge off fatigue. But, Leaf said, pilots must complete a rigorous ground-testing protocol to determine how the drug will affect them individually.

According to Col. (Dr.) Peter Demitry, the Air Force Surgeon General’s chief of science and technology, the

stimulant has been safely used for 60 years to combat fatigue on extremely long missions.

“We’ve never found anyone to have suffered any kind of adverse effect from it,” he said. “(‘Go pills’) have saved lives. Fatigue is the hazard here, not this medication.

“Fatigue kills, this medicine saves lives.”

Dexedrine was first developed in the 1930s and is routinely prescribed by physicians to treat children diagnosed with attention deficit disorder.

“We use a far lower dosage than you give elementary school children who have trouble staying awake in class,” Demitry said. “In the miniscule doses we prescribe it, it has never caused an aviator any complications.”

But even if a pilot is prescribed “go pills” for an extremely long mission, it is up to the pilot whether or not to use them.

“They are not mandatory,” Leaf said. “It says in six places (on the voluntary consent form) that use is voluntary.

“We trust our aviators with high-risk missions, high-value equipment, and

life or death decisions,” he said. “We provide this as a tool, with medical advice and under the prescription from a physician. Then we trust their judgement.”

“Go pills” are only authorized for single-seat aircraft missions of more than eight hours, and dual-place

aircraft missions of more than 12 hours.

Demitry said the 10-milligram “go pill” has the stimulating effect of three or four cups of coffee.

“It serves its purpose,” said Leaf, who has taken the medication on long flights. “It gets you through that valley of fatigue and keeps your performance to an acceptable standard. It simply allows you to fight through the fatigue and fly normally.”

While the Food and Drug Administration approved Dexedrine in the treatment of narcolepsy, Demitry said the Air Force is correct to prescribe the stimulant in an off-label format.

“The Air Force is completely in compliance with all federal laws, regulations and policy for the dispensing of medications,” he said.

“Physicians routinely prescribe safe and effective medications beyond the original FDA certification.”

For example, Demitry said, the FDA did not approve aspirin for use in the prevention of heart attacks until 1998. For 20 years before that, 75 percent of physicians at the premier medical institutions in the country were prescribing aspirin off-label.

“Once (a medication) is safe, once it’s effective, physicians are legally allowed to prescribe it,” he said. “We know it’s safe because we’ve never had an attributable, causal occurrence related to the stimulant.”

The Air Force briefly halted the “go pill” program in the mid-1990s, but reinstated it in 1996.

“I understand, very much, why we went back to including it in the fatigue-management tool kit — it’s because an important part was missing,” Leaf said. “We found that (the ‘go pill’) is the best, most effective way to protect our people and our resources.

“It’s been part of a program that has allowed us to fly very long, very demanding combat missions safely and effectively,” he said. “The ‘go pill’ is the tool of last resort when all other means to combat fatigue have been exhausted. Frankly, I’m glad we brought back that tool.”

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***“It simply allows you to fight through fatigue and fly normally.”***

**– Maj. Gen.**

**Daniel P. Leaf**

*director of Air Force operational capability requirements at the Pentagon.*

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**Heard any good stories or news lately?**

Get the story straight.

Contact your public affairs office

at 298-5988.

## The *XLer*

**Hometown:** Dayton, Ohio

**Family:** Nephew, Quinton Nalls

**Time at Laughlin:** four years, eight months

**Time in service:** five years, two months

**Greatest accomplishments:** Being accepted to the worldwide talent competition for Tops in Blue.

**Hobbies:** Singing, playing my violin and anything else dealing with music.

**Bad habits:** Procrastination

**Favorite musician or band:** Brian McKnight

**Favorite movie:** Love and Basketball

**If you could spend one hour with any person, who would it be and why?** My dad, because I miss him.



Photo by Airman 1st Class Timothy J. Stein

**Staff Sgt. Jennifer Nalls**  
47th Communications Squadron

## Museum displays flight heritage art

DAYTON, Ohio – More than 250 original paintings by aviation artists will be featured when the Air Force Museum offers “A Centennial Celebration of Aviation Art” for a limited engagement during 2003.

To commemorate the Centennial of Flight, this art collection epitomizes the aviation history and recalls a century of courage and pioneer spirit, according to museum officials.

The collection involves five separate and consecutive exhibits:

The first exhibit, “A Century of Flight,” unveiled

Thursday, features 60 paintings by Keith Ferris.

The second exhibit, “Air Power,” begins April 12 and contains pieces from Wilson Hurley, William Phillips, Roy Grinnell, Dru Blair, Ronald Wong and Craig Kodera.

On June 6, “Aviation Art Worldwide” features works by Robert Taylor, Tiro Vorster, Don Connolly and the French artists “Les Peintres De L’Air.”

The fourth exhibit, “Those Magnificent Flyers,” begins Aug. 26 and is dedicated to the art of James Dietz.

The final exhibit, “Fly Me to the Future,” begins Oct. 9, and showcases pieces by John Clark, Robert McCall and Mark Waki.

The Air Force Museum, the largest and oldest military aviation museum in the world, is located on Springfield Pike, six miles northeast of downtown Dayton. It is open seven days a week, 9 a.m. to 5 p.m. Admission and parking are free.

For more information on “A Centennial Celebration of Aviation Art,” call Denise Bollinger at (937) 255-8046, Ext. 492.

(Courtesy of Air Force Link)



Photo by Master Sgt. Keith Reed

## Flying high...

OPERATION ENDURING FREEDOM (AFPN) – An E-3 Sentry aircraft from Tinker Air Force Base, Okla., receives fuel from a KC-10A Extender aircraft over Afghanistan. The crews are assigned to the 379th Air expeditionary Wing at Al Udeid, Qatar.

## Chapel Schedule

### Catholic

- Saturday* ● 5 p.m., Mass
- Sunday* ● 9:30 a.m., Mass
- Thursday* ● 6 p.m., Choir
- Reconciliation* ● By appointment
- Religious Education*

- 11 a.m. Sunday

### Jewish

- Call Max Stool at 775-4519

### Muslim

- Call Mostafa Salama at 768-9200

### Nondenominational

- Sunday* ● 6:30 p.m. Officer Christian Fellowship, call 298-2238
- Friday* ● 7 p.m., Unity in Community Fellowship (activities for children)
- Monthly* ● Women's fellowship (call 298-1351 for details)

### Protestant

- Saturday* ● 9 a.m., Singles Bible study at the Chaparral Dining facility
- Sunday* ● 9:30 to 10:30 a.m., Sunday school
- 11 a.m., General worship (blend of contemporary and traditional worship)
- Wednesday* ● 10 a.m., Women's Bible study
- 7 p.m., Choir at chapel



*“What do you admire most about Martin Luther King?”*



**Airman 1st Class Tiffanie Hudlin**  
47th Flying Training Wing Command Post controller

“Patience. Not many could have endured the racism and hatred without resorting to violence or giving up.”



**Tech. Sgt. Thomas Rawlins**  
47th FTW Judge Advocate paralegal

“His concerns were for all people, and he fought for the rights of all people.”



**Tech. Sgt. Marcel Brown**  
47th FTW/JA NCO in charge of adverse actions

“Commitment. Whatever he committed himself to, he followed through. The end of the issue, or the end of his life.”

## Don't be a victim of fraud

**By Terra M. Wade**  
47th Flying Training Wing Judge Advocate legal clerk

For anyone who utilizes a checking account, knowing what personal information to include on your checks can prevent you from becoming a victim of fraud. The next time you order checks, order them from your banking institution or some other known reputable source. Put only your first initial and last name on the checks. Therefore, if someone takes your checkbook, they will not know if you sign your full name or first initial and last name. Your bank will know how you sign your checks.

Put your work phone number on your checks instead of your home phone number. If you have a post office box, use that address instead of your home address. If you do not have a P.O. box, use your work address. Never have your social security number printed on your checks. You can add it later with a pen if it is necessary. We've all heard horror stories about fraud committed by stealing a name, address, social security number, credit cards, etc.

To lessen the chances of someone using your checks, in the event your checkbook is lost or stolen, we recommend that you call your bank, confirm check clearances, cancel all other checks and request a new

checking account number. You should closely scrutinize your monthly checking account statements to watch out for discrepancies, particularly since more purchases are being made with check cards that draw directly from checking accounts.

Another helpful hint is to place the contents of your wallet on a photocopy machine, copy both sides of each license, credit card, etc. In the event that your purse or wallet is stolen, you will know the contents and all of the account numbers and phone numbers to call and cancel. Keep the photocopies in a safe place. We recommend the same advice for your passport. Never keep social security cards, user identification names and/or passwords in your wallet or purse.

We recently became aware of an incident in which a corporate attorney's wallet was stolen. Within a week, the thief ordered an expensive monthly cell phone package, applied for a VISA credit card, had a credit line approved to buy a Gateway computer, received a personal identification number from the Department of Motor Vehicles to change the attorney's driving record information online, and more.

The following is critical information to limit the dam-

age in case your credit card information is compromised:

- Cancel your credit cards immediately. The key is having the toll free numbers and your card numbers handy so you know who to call. Keep those where you can find them easily.

- File a police report immediately in the jurisdiction where your belongings were stolen. This step will prove to the credit providers that you were diligent, and is the first step toward an investigation.

- Call the three national credit reporting organizations immediately to place a fraud alert on your name and social security number. This ensures that any company checking your credit is alerted to the fact that your information was stolen and that they need to contact you by telephone to authorize any new credit.

The numbers are:

- Equifax: 1-800-525-6285
- Experian: 1-888-397-3742
- Trans Union: 1-800-680-7289
- Social Security Administration fraud line: 1-800-269-0271

It is strongly encouraged that you periodically request a credit report from any of the major credit agencies. Doing so can help catch any problems early. Many victims of credit/identity fraud don't know until it is too late.



The Air Force rewards good ideas with money. Check out the IDEA Program data system at <https://ideas.randolph.af.mil>, or call 298-5236.

**Thinking about getting out?**  
Call the career assistance adviser at 298-5456 for guidance.

# Assignment Korea:

## Airmen share far-east experiences

By 2nd Lt. Lindsay Logsdon  
Chief of internal information

Iraq may be America's main focus these days, but not so far away the rumblings of North Korea's nuclear decisions could explode, adding Korea to the list of potential deployment locations.

Currently 37,000 U.S. troops are stationed in Korea. The need for U.S. military forces in this region has existed since the end of WWII. The Korean War erupted June 25, 1950. The two countries reached an armistice agreement July 27, 1953, which has not been replaced since. Because hostile feelings still exist, U.S. forces remain in place in the divided peninsula to honor treaties with the Republic of South Korea.

As of now a trip to Korea would mean a change-of-station not a deployment; however, the preparation is similar.

It's almost like a deployment – you have to get M-16 qualification, chemical warfare gear qualification; update all medical and dental records and current immunizations; and receive an anti-

terrorism brief before you leave, said Tech. Sgt. Patricia Gonzales, 47th operations support squadron, air traffic control watch supervisor.

Tech. Sgt. Gonzales was stationed at Kunsan AB from December 2000 to December 2002.

The two main Air Force bases are Kunsan and Osan, and there is an Air Force broadcasting detachment at Yongsan Garrison, in Seoul. For PCSing members, the main port of call to Korea is Seattle, and depending on the destination and the route, the plane trip can range from 10 to 15 hours.

"I had been to the Philippines

and so I knew somewhat what to expect," said Capt. Paula Kurtz, chief of public affairs. "I had talked to the person I was replacing and I got a lot of good information." Capt. Kurtz was the Air Force News Service Detachment 15 commander at Yongsan.

Information is a key element for those transitioning to real world mobility exercises. "I knew that there would be a lot of exercises and mobility-type stuff and that is exactly what I got," added Tech. Sgt. Gonzales. All the exercises, longer days and a lot of night flying characterized the operations tempo. "It was a lot more intense than what you would see in the states," she said.

"We primarily flew at night," said Capt. Matthew Thomas, 85th Flying Training Squadron assistant B Flight commander. "You would go [to work] in the afternoon and come out in the wee hours of the morning," he said, recalling a year spent flying with the 31st Special Operations Squadron at Osan.

Although they faced monthly exercises and longer duty hours,

Laughlin members said they enjoyed plenty of free time. "Have an open mind and try to experience the culture there, [you] can enjoy yourself," said Staff Sgt. Oscar Vega, chief of information management for the wing command section.

Activities and attractions entice visitors to get out and explore Korea. "Be willing to be a little adventurous," said Capt. Thomas.

"Shopping is really good at Osan," said Capt. Kurtz. "You can get anything from mink blankets to luggage to tailored-to-fit clothes."

Besides shopping on the weekends, other activities are mountain biking, amusement parks, day trips



## Korea facts:

**Area comparative:**

Slightly larger than Indiana

**Climate:** Temperate, with rainfall heavier in summer than winter

**Terrain:** Mostly hills and mountains; wide coastal plains in the west and south

**Natural Resources:** Coal, tungsten, graphite, molybdenum,

lead, hydropower potential

**Population:** 48,324,000

**Religions:** Christian 49 percent, Buddhist 47 percent, Confucianist three percent, other one percent

**Languages:** Korean (official), English widely spoken

**Government type:** Republic

**Capital:** Seoul

(Courtesy of CIA World Fact Book)

to Seoul, watching movies and traveling in general. For those willing to get out, "transportation via train and bus is extremely easy," said Tech. Sgt. Gonzales.

Korea's location makes it a prime place to begin exploration. "It's a great place to take leave from because you're so close to the Pacific," said Capt. Thomas.

While stationed at Osan, Maj. Steve Moynihan, 47th OSS quality assurance flight commander, took his family on trips to the east coast of Korea, a week in China and a visit to Thailand.

The local cuisine is another area waiting to be explored. "You have to try different things and see what suits you," said Capt. Kurtz.

Another challenge Americans face in the Asian country is adjusting to the lack of conveniences. "You can't just run out to Wal-Mart to get something," said Capt. Thomas.

The greatest inconvenience was

being away from your family, said Tech. Sgt. Gonzales. While separated from family, Tech. Sgt. Gonzales recommends staying in touch, staying involved and building strong local friendships.

Most everyone shares the hardships of family separation. "One of the nice things about being over there [Korea] is that everyone is kind of in the same boat," said Capt. Thomas.

It may be weird to watch the Super Bowl on a Monday morning as Capt. Thomas noted, but Tech. Sgt. Gonzales points out that you can get anything that you need there, and "...the services on base are outstanding."

Former military residents of Korea all agree that any trip to Korea must be approached with an open mind. "Go over there with an open mind and a willingness to learn, because your attitude can overshadow your experience," said Capt. Kurtz.

## Running for fun...

Members of Laughlin Air Force Base participated in a two-mile fun run Jan. 3. The run, part of a wing fitness initiative, started at the base picnic grounds and wove through the base, ending at Liberty Field.



Photo by Dave Niebergall



Photo by Dave Niebergall

## Running for fitness...

More than 1000 people participated in the run which was also meant to build esprit de corp among the runners. There were team and individual competitions based on age and gender.

## Comptrollers take it to CCS, 41-34

By Airman 1st Class  
**Timothy Stein**

Editor

In the second night of the intramural basketball season, the Comptroller defeated CCS 41-34 in a close and well fought game.

Travis Logsdon set the pace for the Comptrollers in both offense and defense by scoring 20 points and having four blocked shots.

The Comptrollers lead throughout the game except for a brief period at the begin-

ning. They were forced to hold off several CCS charges however, one coming with only a few minutes left in the second half.

At the end of the first half, the Comptrollers were up 22-13.

CCS started its first charge a few minutes into the second half. Glen Hurry, playing outstanding on offense and defense, scored three quick baskets in a row bringing the score to 26-21.

The Comptrollers

bounced back however, and soon found themselves with a 36-25 lead.

CCS brought the score to within five again during the last few minutes of the game, but the Comptrollers were able to hold them off long enough to secure the win.

Logsdon was the high scorer for the Comptrollers with 20. Preston Young had 11.

Guy Wells was the high scorer for the CCS squad with 10. Hurry had eight.

## XL Fitness Center hours

**Monday – Thursday:**  
5 a.m. to midnight

**Friday:**  
5 a.m. to 8 p.m.

**Saturday – Sunday:**  
9 a.m. to 8 p.m.

**Holidays:**  
10 a.m. to 6 p.m.

