



# 47th Medical Group, Laughlin AFB

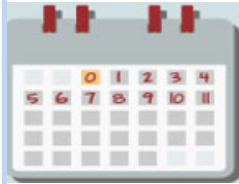


## COVID-19 Guidance

November, 2023

### STAY HOME IF YOU TEST POSITIVE FOR COVID-19

#### DAY 0 FIRST DAY OF SYMPTOMS, OR THE DAY YOU TOOK COVID-19 TEST (IF NO SYMPTOMS)



- ◆ Stay home even if you are vaccinated.
- ◆ Wear a high-quality mask if you must be around others at home and in public.
- ◆ Monitor your symptoms, and call 911 if you need emergency medical care.
- ◆ Active-Duty **MUST**, and non-active duty **SHOULD**, report positive home tests to their healthcare providers.

#### ◆ How to report:

- ◆ MHS GENESIS patient portal: <https://patientportal.mhsgenesis.health.mil>.
- ◆ Call 47th Medical Group appointment line at 830-298-6333.

- ◆ If you usually get care in the TRICARE civilian healthcare network, contact your primary care provider or your TRICARE Regional Contractor.

#### DAY 6 YOU MAY LEAVE YOUR HOME

- ◆ You may leave your home **on or after day 6** if you never had symptoms, or
- ◆ If symptoms have improved, and you have been fever-free for 24 hours without fever-reducing medicine
- ◆ You should continue wearing a mask through day 10.
- ◆ San Felipe students and staff should consult the school district guidelines for returning to school.

#### DAY 10 LAST DAY OF WEARING A MASK

- ◆ If symptoms are not improving, if you were hospitalized, or if have weakened immune system, consult your healthcare provider on ending isolation.
- ◆ You may resume normal activities **after day 10** unless you were advised otherwise by your healthcare provider.



### WEAR A MASK IF YOU ARE EXPOSED TO COVID-19

#### DAY 0 EXPOSURE DATE

- ◆ Test immediately if you develop symptoms.
- ◆ Regardless of vaccination status, if you are exposed to COVID-19 you should wear a mask around others for 10 days.

#### DAY 6 TEST ON THIS DAY OR SOONER IF YOU HAD SYMPTOMS

- ◆ If you test negative continue wearing a mask through day 10.
- ◆ Isolate immediately if you test positive.



#### DAY 10 LAST DAY OF WEARING A MASK unless you develop symptoms.

### ADDITIONAL GUIDELINES

- ◆ Negative test results are not required to return to work.
- ◆ Personnel may wear a mask based on personal health concerns.
- ◆ Commanders may limit voluntary mask wearing if necessary for safety or military operational reasons.
- ◆ All members are **highly encouraged** to get vaccination boosters.
- ◆ Healthcare personnel who test positive should follow the CDC guidelines for returning to work: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>.

#### For more information refer to the following resources:

- ◆ Force Health Protection Guidance - Coronavirus Disease 2019 and Other Infectious Respiratory Diseases (26 July 2023).
- ◆ Defense Health Agency - Guidance on Coronavirus Disease 2019 for Military Medical Treatment Facilities and Dental Treatment Facilities (31 Aug 2023).
- ◆ Centers for Disease Control (as of 3 Nov 2023).
- ◆ 47 FTW HPCON and COVID-19 Guidance Update (17 July 2023).